

Prosperity

SEPTEMBER 2011

OUR VISION: We joyfully live in an enlightened world united in love, peace, and respect for all creation.

OUR MISSION: We are a heart-centered community inspiring spiritual growth by living consciously, aware of our innate divinity and the oneness of all.

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Prosperity is strength. The word “prosper” means to flourish, to enjoy vigorous and healthy growth. Prosperity is the condition of thriving, of being successful. These descriptive words, culled from *Webster’s Ninth New Collegiate Dictionary*, are also words I associate with Unity Fellowship Church.

Prosperity is not merely about money, although money is sometimes a by-product of it. I have come to know that as long as I recognize and maintain a state of gratitude for my blessings, I recognize my prosperity. I choose to shift and maintain my focus on what is good, positive, and abundant in my life. This focus maintains my own healthy and vigorous growth, and it also sees me through trying times, restoring my inner balance. For instance, during the recent storm, I had damage to my home that I needed to have repaired. Hurricane Irene slapped my house with wind, rain, and lots of noise as a slat of siding banged up against my house for hours. The sound it made when the wind ripped it away had me thinking the roof was coming off! It rattled me to deal

with that until I recognized that the siding and shingles could be repaired or replaced. I chose that perspective purposefully. My roof stayed on...bare spots just needed to be covered. Now it looks like it did before the hurricane. I maintained my inner balance, and I recognized all was well.

My point is that prosperity is an attitude. If you want to enjoy prosperity, change your mind. Redirect your thinking to the good and positive in your life! September is Prosperity Month at Unity Fellowship Church. There are multiple activities scheduled to build our awareness of this positive state of mind, and how to achieve and maintain it. Check out the website calendar: (www.peninsulaunity.org/webCalendar.htm) for speakers and talk titles. And don’t forget to attend our auction on September 24; this will be an opportunity to share yet another time of fun and fellowship.

I am so very grateful to be part of such a rich, abundant, and prosperous relationship we share as a church family! —Susan

AFFIRMATIONS FOR SEPTEMBER

H. Emilie Cady in her book *Lessons in Truth* says:

“One of the unerring Truths in the Universe is that there is already provided a lavish abundance for every human want. In other words, the supply of every good always

awaits the demand. Another Truth is that the demand must be made before the supply can come forth to fill it.”

As we speak and feel these affirmations we are demanding that the Universe responds to our claim.

- God directs me to my right work which is valuable to humankind and for which I am joyfully paid.
- All that I do promotes God’s good and I am abundantly rewarded.
- No human thought, no human being can prevent my becoming increasingly prosperous in all areas of my life.
- I never limit another’s prosperity by a restricting thought.
- I know that prosperity means more than money, so I am willing to claim and accept my good that comes from a variety of sources. I am grateful.

A Message from Reverend Ginny Roll... Friends at Unity Fellowship Church,



This month we will discuss the third Unity principle, which states: *We create our experiences by the activity of our thinking. Everything in the manifest realm has its beginning in thought. Thoughts held in mind produce after their kind. Feeling states often exists under thought.*

For many this idea of the creative power of thought may be new and even unorthodox. We have heard from teachers such as Norman Vincent Peale as far back as the 1950s the power of positive thinking and the effect that it can have on our lives; however, no one ever mentioned that this was a part of a larger spiritual law. It can be simply stated as the *Law of Mind Action*.

We are creative beings! On one hand, we can create beauty such as magnificent works of art and music, inventions that allow our lives to become easier, access unlimited information with the click of a mouse, connect with others in an instant, medical technology that is unbelievable, and telescopes that allow us to see millions of miles from Earth. On the other hand, we are capable of using our magnificent mind to create instruments of mass destruction, chemical and biological warfare, etc. I think you get the picture.

All that we see around us began with a thought before it came into physicality, a thought that created a new theory or formula, a thought that created a different perspective that changed the world's view. Remember when people **thought** the world was flat, and then a new thought arose; a new viewpoint that changed the world forever.

In Proverbs it states, "As he thinketh in his heart, so is he." Our thoughts are powerful and are "the blueprints for our lives." Through our thinking we draw to ourselves the people, places and circumstances that eventually become our reality. The beautiful part of this idea is that if we are not currently happy with our lives, WE HAVE THE POWER TO CHANGE THEM. When we change our thinking we change our lives.

Let's talk about the mind. In Unity we describe the mind as being three-fold:

Superconscious, conscious, sub-conscious.

1. The **Superconscious mind** is our oneness with God Mind which gives us access to all wisdom and knowledge.

2. The **conscious mind** is our awareness from moment to moment.

3. The **subconscious mind** is the storehouse of all experiences that have come into our lives that we have not challenged. We more or less bought into what they told us.

Our subconscious mind houses all our real beliefs; it is where our emotions reside. Many times we respond and react to things around us, and we ask ourselves, "Where did that come from?" Our response or reaction came from our subconscious mind. It was automatic. Our life is formed through our subconscious mind. Our powerful thoughts and beliefs are creating our physical world because they have formed such strong patterns within us. Therefore, these patterns create the same lives for us over and over again. We may feel like we are stuck.

However, we can change our lives because we have absolute control over these strong patterns. As we change our thoughts and feelings we change our lives. It takes focus and attention if we wish to create something new.

So let's look at our thoughts and feelings about prosperity. September is prosperity month at Unity Fellowship Church. Catherine Ponder, a Unity writer who has written numerous books about prosperity, defines prosperity as "the degree that you are experiencing peace, health and plenty in your world."

Let's take a moment and look at our lives. What do we see?

Would we like more peace, health and plenty in our world?

How can we do this?

How can we change something in our subconscious mind in order to bring these things into our lives.

1. If we find ourselves feeling upset, pressured or rushed, STOP and affirm: *The peace of God abides in me. I am at peace.*

2. If we are feeling under the weather, STOP and affirm: *I am healthy and whole.*

3. If we hear ourselves complaining about the economy or listening to reports on TV about all the fear in the world, STOP and affirm: *In God's economy all things work together for good. I am prospered.*

In order to change our subconscious mind, we must change our thinking and feeling. We must not allow ourselves to respond and react on automatic pilot or our lives

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Prosperity is not in the possession of things but in the recognition of supply and in the knowledge of free and open access to an inexhaustible storehouse of all that is good or desirable.

—Charles Fillmore, *Prosperity*

September is Prosperity Month!

“And God is able to provide you with every blessing in abundance, so that by always having enough of everything, you may share abundantly in every good work.” —2 Corinthians 9:8

Book Study to follow the Sunday Service from **10:45 AM–12:00 NOON**

Sunday, September 4 *Profound Prosperity*; **Prosperity Workshop 10:45 AM–12:00 NOON.**

Did you know that there were millionaires in the Bible? Using the book ***Millionaires in the Bible*** by Catherine Ponder, we will discuss the principles that were used to bring about their financial prosperity. Let's put them in place for ourselves.

Sunday, September 11 *Prosperity Thinking*

Manifesting Change Through Vision Quests and Vision Boards with Jude Eastman and Tina Holter. The Vision Quest offers an opportunity to discover our Power Place or our Power Animals. Creating the vision board will uncover our strengths, values and heart's desires. Please bring magazines to use and share with others.

Sunday, September 18 *Perpetual Prosperity* with guest speaker Virgie Binford. (Virgie challenged us to begin our building fund many years ago and it continues to grow). **Prosperity Workshop 10:45 AM–12:00 NOON.**

We've all heard of the Ten Commandments, but did you know that there are ***Prosperity's Ten Commandments*** by Georgiana T. West. We will discuss and put into practice these ten commandments in order to bring about prosperity in all areas of our lives.

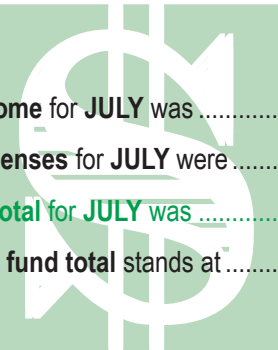
Sunday, September 25 *Valuable Marvelous Life of the Heart* with guest speaker Donna Drozda; **Prosperity Workshop 10:45 AM–12:00 NOON.**

Prosperity, written by Unity's co-founder Charles Fillmore, and ***Spiritual Economics*** by Eric Butterworth will give us additional tools to call forth all our good.

Books mentioned can be read online or downloaded for free.

YOUR TREASURER SPEAKS

Unity Fellowship Family Members are FANTASTIC!!!



The total income for JULY was	\$9,692.50
The total expenses for JULY were	\$9,543.03
The overall total for JULY was	+\$149.47
The building fund total stands at	\$114,554.59

We are back on the plus side which is great! We also were able to purchase the projector for the church. Thank you to all of you. You are fantastic! —\$ydney

News from Unity Village

A new book is now available online from Unity. *The Gathering: A 40 day guide to the power of group and personal Prayer.*

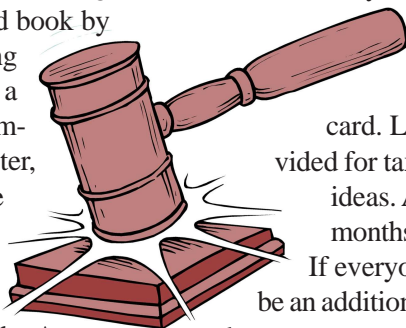
Prayer is a challenge for many of us. What should we ask of God? Is it being answered? The hard truth is : God doesn't fulfill needs. For thousands of years humanity has brought needs to God with limited success often resulting in disillusionment. Maybe now is the time to try something new, a nine-step prayer practice called "The Gathering." You will see that prayer isn't something you do; rather it's an experience of God's presence. Having seen thousands truly connect with God and transform their lives author Jim Rosemergy believes *The Gathering* is divinely inspired. —Joyce Southern

UNITY'S AWESOME AUCTION UPDATE

We currently have 27 items available for auction at our Awesome Auction on September 24 from 7 to 9 PM. They are as follows:

A 90 minute yoga class, 4.5 hours of babysitting, evening meal cooked in your home, a hand-made afghan, a talking Aflac duck bank, an autographed book by Ellie Newbauer, a moving Santa checking his list, a William and Mary serving tray, a carved eagle knife set, a telescope, a shampoo, hair cut and blow dry, a HP color printer, services for graphic designs, a purse, a table cloth with matching napkins, cut glass wine carafe, white ceramic coffee pot with creamer and sugar bowl, an original painting, a print, hand made necklace (all three by Angela Stroup), a gift basket from Discover Teas, a light to illuminate a picture or painting, two books by Bob Osmon, a Chinese Urn, a gold bed spread, 4 hours of tutoring, 4 hours of life coaching.

Now these may sound like a lot of items but accord-



ing to our Auctioneer, it will take about **20 minutes to get these items sold. That means we need more items!!!**

Can't think of anything to donate? What about something from your home? Maybe a piece of china, a bowl or dish that you haven't used for a long time, a vase, a painting... why not pass it on. Ask your favorite shopping or eating places if they would be willing to provide a gift card. Let them know that a receipt will be provided for tax purposes. Or come up with some other ideas. A list of suggestions was provided in last month's newsletter and is available at the church. If everyone found one item to donate that would be an additional 50 items or more. WOW! Let Sydney know your treasure so she can get it on the list of auction items.

Remember, all proceeds will benefit our Tech Fund so we can purchase the equipment to put our Sunday services on the website. Help to make this Awesome Auction an awesome one!!!

Prayer Box

FRESH STARTS DAILY

by Jude Eastman

My post is short and sweet this month as I get ready to start teaching again this school year. How often do you think "I'll start changing my habits (start that diet, exercise more...) January 1?" As I get ready to go back into the classroom as a first grade teacher, it feels brand new again after two years of being a reading specialist. At times it feels very overwhelming when I think of everything I don't know about the first grade classroom, since I taught in a third grade classroom for 13 years.

But I am reminded that as God in expression I have the same omniscient Mind as God. I don't have to know *everything* right now. I only need to know

what I need for today, or this week, or this month. Every day is a new opportunity to "learn" for not only my students, but for me. They are learning new skills to put into place, from which to develop good habits. It takes practice in school and at home before they can show mastery.

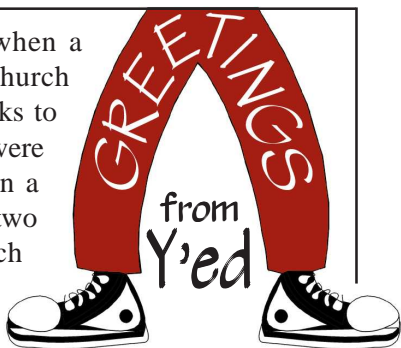
What new spiritual skills are you learning, doing homework on or practicing? Do you "give-up" or quit when the going gets tough or do you push through and keep trying it day after day? Before long, you'll find that these habits become rote and you put them into action easily and without much effort.

Give yourself permission to start fresh daily.

Would you like a fresh opportunity to have a Prayer Chaplain call you once a month? Contact the church office at 757-594-0389 and ask to be put on the list, or sign up in the Fellowship Room.

Also, we need people to volunteer to man the Meditation Room the first Sunday of the month at 8:15 AM.

We were pleased when a visitor came to church with two children—thanks to Roxanne Burnette; we were able to offer the children a lesson. There were also two children from the church who joined them. This says that our intent to maintain a Church School program is worthwhile.



Lessons are continuing to be prepared and made ready for Sunday morning as the teacher of the day arrives. This seems to be an acceptable way for the classes to be maintained.

We are grateful to those teachers who so willingly make their commitments to be prepared to fill this position. Let each of us keep the vision of more children in our Church School as we prepare for the coming year.
—Light and Blessings, Jan

Become a Member

If you are planning on becoming a member, please pick up a form on the table in the sanctuary, drop it in the prayer box, or give to an usher, minister or staff member.

New members will be welcomed into the church on **New Member Sunday, October 16.**

As a member I will:

- Understand and practice the basic teachings of Unity to the best of my ability.
- Commit to my personal journey of spiritual growth by making God a priority in my life.
- Include Unity Fellowship Church in my daily prayer life.
- Serve the ministry in the ways that I am able, thus strengthening the entire church family while learning the value of selfless service to others.
- Give joyfully and lovingly to the financial well-being of Unity Fellowship Church.
- Contribute to the church's services and activities with my gifts whenever I am able.
- Extend myself to create a loving warmth to visitors to our church or those whom I do not know.
- Know that I am co-creating with God the on-going dynamic life of Unity Fellowship Church. Recognizing that all of us help to keep its doors open and expand its programs and services, thus blessing others and myself.

Rev. Denise Creech presents:
Working with the Law—11 Truth Principles for Successful Living
 by Raymond Holliwell

Thursday, September 8 and September 29

6:00 PM–7:30 PM

We've all experienced it—that smooth, easy flow when everything falls into place, when solutions appear even before any problem becomes evident. Yet, at other times, life seems to be a battle, and we struggle, lose out, fail, or otherwise go awry in some way. If life can move along effortlessly and orderly some of the time, why does it not do so always? Dr. Raymond Holliwell says that it's because we aren't applying Spiritual Laws or working with God.

Using the book "*Working with the Law—11 Truth Principles for Successful Living*," by Raymond Holliwell, we'll learn these Spiritual Laws and how to apply them into our daily lives so that we may live more harmoniously and prosperously.

Manifesting Change through Vision Quests and Vision Boards

Jude Eastman and Tina Holter
UNITY FELLOWSHIP CHURCH

September 11, 2011 • 10:45 AM–1:00 PM

Are you ready to set some intentions and map them out on a Vision Board as part of **Manifesting Change** in your life? Are you looking to live from a place of power and your strengths? Tina Holter will take us on a Vision Quest to find our Power Place or discover our Power Animals. Jude Eastman will guide us through Manifesting Change by uncovering our strengths, values, and heart's truest desires, and placing them on a Vision Board to use in our daily practice. **Please bring used magazines to share with others so that we can be outrageously creative. Thanks in advance.**

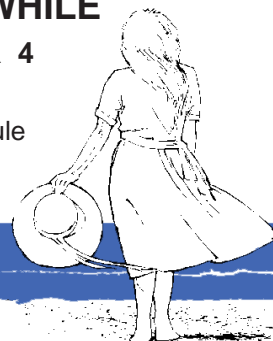
COME APART FOR AWHILE

SUNDAY SEPTEMBER 4

8:15–8:45 AM

Take time out of your schedule to "Be Still and Know That I am God."

Group Meditation

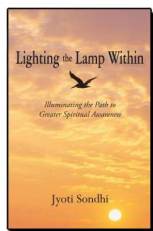


Join us **Sunday, October 9** for
Lighting the Lamp Within
Author, Jyoti Sondhi

followed by a

WORKSHOP from 11:00 AM–1:00 PM

LIGHTING THE LAMP WITHIN
An Experiential Guide to
Personal Awakening for Ordinary People



- Are you unhappy even though you have all comforts that you want at the material level?
- Do you feel incomplete even though you have everything you desire?
- Are you in fear even though you have everything working right for you?
- Do you feel trapped in your beliefs? Are your past experiences haunting you?

- Are you attracting similar kind of experiences in your relationships?
- Do you mistrust people and find the world to be unkind to you?
- Are you surrounded in negativity?

You are not alone if so. And guidance to overcome these is available within you! *Lighting the Lamp Within* is a sincere and simply written book that will show you a different perspective on your life. It will give you practical techniques to draw on your own inner wisdom, to take personal responsibility for your life, and to attain peace.

Visit the website www.lightingthelampwithin.com
Available at iUniverse.com, Amazon, Barnes and Noble
and other online bookstores.

About the author:

Born in northern India, Jyoti completed her postgraduate studies in India and trained as a language teacher. After her marriage, she travelled extensively with her husband. She has lived a very ordinary life as a mother, a wife and a French language teacher. After she moved to the United States, she wanted to pause her life to feel the seasons, to see the colors of trees change, admire the beautiful sunrise in the midst of snowfall, and above all, to feel deeply grateful to the Universe for its blessings. *Lighting the Lamp Within* is the result of her moments of stillness—when she felt the Divine talking to her. These are not her words, she says; she is just the medium for the message from the Universe. She hopes you enjoy reading what she has felt, deep inside, and benefit from it the way she has.



MARY SHAPIRO IN CONCERT

Friday, October 28

7:00–9:00 pm

Sounds of Hope Performer, producer and teacher, Mary Shapiro and her husband, Jeff Wolf, will be doing our service, Sunday, October 30, followed by a **drumming circle** led by Jeff Wolf.



Inspired by artists from Joan Baez to Jack Johnson, Mary's music spans many genres: gospel, folk, rock and soul. This D.C.-based singer/songwriter has recorded with the *a capella* gospel choir, Sweet Honey in the Rock, headlined in Japan, shared musical talents with orphans in Berlin, and sung for peace in Israel, Palestine, in front of the White House and across the United States.

As the producer and host of *Sounds Of Hope*, Mary has made a career out of singing to create more than good music. Since 2002 she has led a vast array of musicians and charities together to entertain, educate, and inspire audiences at weekly benefit concerts. An after-school arts instructor and full time ambassador for peace, Mary is known throughout the D.C. area for her performances, activism and recordings. She has an MA in education and enjoys teaching song writing and guitar.

Mary's first solo album, *The Time is Now*, was released in June of 2010. Filled with originals about peace, love and understanding, these songs come straight from her heart. The CD is available at www.MaryShapiroMusic.com and CDBaby.

Minister's Article

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will reflect old ideas and patterns of living that no longer serve us in creating lives that we were meant to live.

Changing patterns take time. These patterns have created deep grooves or ruts within our brain, so let's be gentle with ourselves. Before we know it, we will be creating new lives, one that we create because we are one with the Spirit that created the universes. We are created in the image and likeness of an awesome God who wants to be made known to the world through us. Let's Create Our Awesome Lives Together!

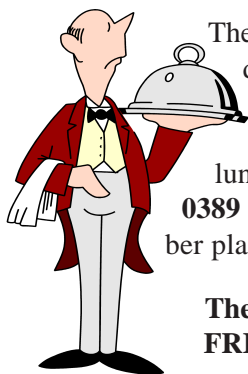
Unity Fellowship is here to support you on your journey.

Love,

Rev. Jenny

Bits 'n Pieces...

Ladies Lunch Bunch



The first Friday of each month those ladies who are free for lunch gather together for fellowship and the making of new friends. If you are free for lunch, please call the office at **757-594-0389** to have your name and phone number placed on the list to be notified.

The next Lunch Bunch will meet
FRIDAY, SEPTEMBER 2, 12:30 at

THE COUNTY GRILL
in the **KILN CREEK Shopping Center**
located on **J. Clyde Morris Blvd.**

PLEASE RSVP **GLENNIE OTTAWAY**
874-9128 or email glennieottaway@hotmail.com
if you plan to attend.

You are invited to attend:

Unity Worldwide Ministries Eastern Region Conference Virginia Beach, October 3-6, 2011

It is rare that the Eastern Region Conference is held in our area, so here is a great opportunity to find out about Unity through the speakers, music and the business meeting. You'll have an opportunity to meet James Trapp, the current head of *Unity Worldwide Ministries*, and Lynne Brown, the Vice President of Silent Unity. Go online to find out all the details and then make plans to come. **Conference registration forms are available in the Fellowship Room.**

Daniel Nahmod will be the conference musician. Remember how much we enjoyed his music when he was here for Posipalooza.

If you are not able to attend the entire conference please come to the *Creating Intentional Prosperity Workshop* on **Monday at 1:00 PM**. The cost of this one event is **\$49.00**. Hope to see you there!!

Attention! Attention!

**THE DATE FOR THE CONGREGATIONAL
MEETING HAS CHANGED TO
Sunday, September 25 at 10:30 AM**

All are invited to attend.
Find out what's been happening in your church.
Bring your ideas and suggestions.
We love to hear from you.

Two Much-Loved Speakers to be at Unity Fellowship during September

Sunday September 18: Virgie Binford, our prosperity guru, will be joining us.

Sunday September 25: Donna Drozda will be speaking about the *Valuable Marvelous Life of the Heart*.

Upcoming October Events you won't want to miss!

- | | |
|----------------------------|---|
| Saturday, October 1 | Daniel Nahmod Concert |
| Sunday, October 2 | Daniel Nahmod Message, Unity Sunday Service |
| October 3-6 | Unity Worldwide Ministries Eastern Region Conference, Virginia Beach |
| Sunday, October 9 | Lighting the Lamp Within with Jyoti Sondhi |
| Sunday, October 16 | New Member Sunday |
| Friday, October 28 | Mary Shapiro Concert |
| Sunday, October 30 | Sunday Service with Mary Shapiro and Jeff Wolf
Drumming Circle 11:00 AM |

COMMUNITY Outreach



Fort Monroe, Virginia is presenting a Shuck' N Shag event Thursday, **September 22, 2011, 5:30-8:30 PM** to raise money through the Kiwanis, which is used to help children. Please contact Ernie Bretana for tickets or information at **757-715-7325** or visit ebretana@cox.net. Other events coming up Crop Walk. More details to follow.

During the month of September, we invite you to bring in travel size containers of shampoo, conditioner, lotion etc., toothbrushes and other toiletries are also important. These items will be placed in bags and distributed during the winter months to support PORT.

Unity *Fellowship* Church

— AN INDEPENDENT UNITY CHURCH —

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Newport News, Virginia 23606
Phone: 757.594.0389
Email: UnityFellowship@Verizon.net

REVEREND GINNY ROLL

Please check here if you no longer wish to receive the newsletter.

ADDRESS CORRECTION REQUESTED

SEPTEMBER 2011

DANIEL NAHMOD in CONCERT

Saturday, October 1

6:00 PM—8:00 PM

Ticket price-\$15.00

Mark Your Calendar.

You don't want to miss this event!!!



Daniel's poetic and evocative message of peace, love and compassion across all nations, cultures and faiths has found overwhelming acceptance wherever he has performed. In 2000, he was nominated as National Hospital Volunteer of the Year for his musical work at Cedars Sinai Hospital in Los Angeles.

And be sure to join us

Sunday, October 2

when Daniel will be doing our Sunday Service Message along with music.

Visit www.DanielNahmod.com for more information.

BISHOP JOHN SHELBY SPONG

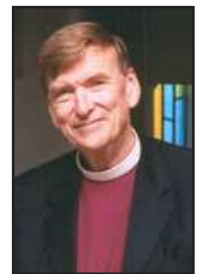
to Speak at Williamsburg

Saturday, September 17

7:15 PM

Admission is Free

Former Bishop John Shelby Spong will be at Williamsburg's **War Hill High School, 4615 Opportunity Way**, on Saturday, September 17 at 7:15 for a free lecture. I invite anyone who would like to hear an outspoken proponent of progressive Christian change to take time to go to this lecture, *Recovering the Jewish Jesus*.



Spong has written many books that have shaken up the Christian community. He was honored by Unity at our conference several years ago because of his ability to see things differently. His talk presentation at that conference was mind expanding. For more information visit www.johnshelbyspong.com, or go to the WUU web site at www.wuu.org. All are invited to attend.